

Mobile health screening services advocates early detection

BY CARON WUNDERLICH ReminderNews

Mimi Daumy and her husband, Gaston, are both in good health, and they want to stay that way. So when the Gales Ferry couple heard that Life Line Screening would be holding a clinic in their area, they decided to make an appointment.



Click the thumbnails above to see the full size pictures.

The Life Line Screening clinic was held at the Preston City Congregational Church on Thursday, June 5, for anyone in the area. The clinic accepted appointments as well as walk-ins. Screenings for osteoporosis, high cholesterol, glucose levels, and stroke risk were some of the tests performed.

"It's a good thing to do, and it's a very affordable price," Daumy said. "If your doctor sent you, it would be much more, and I want to know the results."

Costs run from \$45 to \$219, depending on the tests, said Team Manager Kathleen Kayes, an ultrasound technician who performs carotid artery screenings. Kayes said they check to make sure there are no blockages in the arteries or plaque that may break off and cause a stroke.

Blood screenings are performed for cholesterol, glucose and triglycerides, as well as other risk factors. The blood is drawn via the finger stick method, and results are ready in about five to six minutes, according to phlebotomist Ray Dahlin.

Daumy said she and her husband have no history or risk factors, but she would like know for sure. She said she thinks it's a good idea to try and catch any risks early.

"The whole thing is for prevention," Kayes said.

Kayes said Life Line has 83 teams throughout the U.S. and in the United Kingdom. She said that it takes about an hour to have all the tests done, and clients get their results within 21 days, unless a serious problem is detected.

"All tests are reviewed by board-certified physicians," said Joelle Reizes of Life Line Screening.

Daumy said her primary care physician thought the screening was a good idea for the couple.

"If you take care of your health, you can handle anything else," she said.

For information about future screenings in the area, call 1-800-697-9721 , or visit the Web site [www.lifelinescreening .com](http://www.lifelinescreening.com).